



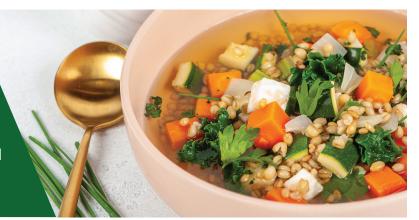


NATURE'S SUPERFOOD

BIDFOOD CODE	PRODUCT DESCRIPTION	UNIT SIZE	SHELF LIFE
205870	Wholegrain Freekeh	400 g	3 years
205871	Wholegrain Freekeh	20 Kg	3 years
210904	Wholegrain Freekeh	2 Kg	3 years
205873	Cracked Grain Freekeh	400 g	3 years
205872	Cracked Grain Freekeh	20 Kg	3 years
210903	Cracked Grain Freekeh	2 Kg	3 years
210902	Cooked Wholegrain Freekeh	1 Kg	1 year

IDEAL IN SOUPS & RISOTTOS

A healthy alternative to rice, Greenwheat Freekeh is perfect for use in soups, stews, traditional rice dishes and risottos.





VERSATILE & EASY TO USE

Milled Greenwheat Freekeh can used for baking your favourite, treats or use the whole grain to create delicious breakfasts.

