

NEW



Our healthiest tuna, yet.



Serving suggestion



Scan for more information



- ✓ High in Protein for tissue growth and repair*
- ✓ Good source of Omega-3 for heart health^
- ✓ Shelf stable
- ✓ 5x1kg pouch format for convenient storage

CHECK OUT THESE 4 NEW PRODUCTS:

- John West Protein+ Calcium Rich Tuna in Springwater
Bidfood code: 212811
- John West Protein+ Calcium Rich Tuna in Olive Oil
Bidfood code: 212812

- John West Protein+ Omega 3: Tuna with Capsicum, Sweetcorn, Chilli & Red Kidney Bean Mix
Bidfood code: 212813
- John West Protein+ Fibre: Tuna with Sea Salt, Black Pepper & Three Bean Mix
Bidfood code: 212814

*When eaten as part of a healthy eating plan. ^When eaten as part of a healthy eating plan; for heart health benefits, consume at least 500mg of EPA & DHA daily.

Don't change what you're doing. Change what you're using